

Cook Right 4 Your Type [Digital]

By Peter J. D'Adamo;Catherine Whitney

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Cook Right 4 Your Type: The Practical Kitchen Companion to Eat Right 4 Your Type. Peter J. D'Adamo, Catherine Whitney

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Cook Right 4 Your Type : Peter D'Adamo, Catherine -

For over 20 years, Dr Peter D'Adamo has extensively researched the connections between blood type, food, and disease. His first book, Eat Right 4 Your Type, is the

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