

Breathing Underwater: The Inner Life Of Tai
Chi Chuan

By Margaret Emerson

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Breathing Underwater : the Inner Life of Tai Chi Chuan Emerson, Margaret ISBN: 1556431678 North Atlantic Books Berkeley, Ca, U. S. A. 1993 First Edition Soft

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Margaret Emerson is the author of Contemplative Hiking (4.80 avg rating, 5 ratings, 5 reviews, published 2010), Breathing Underwater (3.00 avg rating, 1

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Breathing Underwater: The Inner Life of T ai Chi My recurrent dream of breathing underwater is a dream of inner Margaret Emerson learned T ai Chi as

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Emerson, Margaret; . Breathing underwater : the inner life of T ai Chi Ch uan. Margaret Emerson. North Atlantic Books, c1993. LCSH : Tai chi;

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Her books are Breathing Underwater: The Inner Life of T ai Chi Ch uan, A Potter s Notes on Tai Chi Chuan, As Practiced and Taught by Margaret Emerson.

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